



## **PATIENT INSTRUCTIONS**

Dear

Your **Surgery Date** at Vision Centre Day Surgery Southport is: \_\_\_\_\_

### **PRIOR TO YOUR SURGERY**

1. Visit your local doctor and have the enclosed Pre-Anaesthetic Questions form fully completed. A complete list of your current medication must be recorded on that form.
2. Read the Private Patients' Hospital Charter provided.
3. Arrange for your Carer, the person who will accompany you following your surgery.
4. Arrange for your Companion, the person who will stay with you overnight after your return home following your surgery.
5. Read through the Fall Prevention Information document provided with your Carer and your Companion.

### **DAY BEFORE SURGERY**

1. Our friendly staff will phone you to advise you of your admission time and confirm your fasting instructions. It is very important that you arrive on time for your surgery.
2. You will need to advise your Carer of your admission time and that you will be ready for discharge any time from 2 hours after admission, and that they will be notified 30 minutes prior to that time.

### **ON THE DAY OF SURGERY**

1. Have a shower and wash your hair in the morning.
2. Wear loose, comfortable clothing, preferably something that buttons down the front or has a loose neckline. It is also advisable to wear a light jacket as it gets quite cool in Day Surgery.
3. Do NOT wear any jewellery.
4. Do NOT wear any makeup.
5. Bring any medication you need to take whilst you are in post-surgery recovery.
6. If you are diabetic, bring your insulin/medication and your Glucometer.

### **YOU ALSO NEED TO BRING**

1. Your Medicare Card, DVA Card or Pension Card as is relevant to you.
2. Money to pay for your surgery as per your Surgery Quote.
3. An additional \$50 in case a prescription is needed following your surgery.

### **ON DISCHARGE FROM DAY SURGERY**

When your Carer comes to accompany you home you will be given a Discharge Summary which will show:

1. Your post-surgery appointment date and time.
2. Instructions for your post-surgery drops and medication.
3. Information on how to correctly care for your eye following your surgery.